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Online Resources Relating to Safety Planning

- Break The Cycle
 - Online resources and information for young people to support building healthy relationships
 - <https://www.breakthecycle.org/realsourcecenter>
 - Includes safety planning information: <https://www.breakthecycle.org/sites/default/files/Guide%20to%20safety%20planning%20%281%29.pdf>
- Crime Victims Assistance Center
 - Online safety planning information
 - <http://www.cvac.us/safety-planning.html>
- Institute for Native Justice
 - Online guide to creating a safety plan
 - <http://www.tribal-institute.org/2012/D9HO4.pdf>
- Loveisrespect
 - Online resources relating to safety planning, online chat assistance, telephone assistance (1-866-331-9474), and text assistance (text “loveis” to 22522)
 - Online, interactive safety planning tool: <https://www.loveisrespect.org/for-yourself/safety-planning/interactive-safety-plan/>
 - School safety planning guide: <https://www.loveisrespect.org/pdf/Teen-Safety-Plan.pdf>
 - College safety planning guide: https://www.loveisrespect.org/pdf/SafetyPlan_College_Students.pdf
- National Center for Victims of Crime, Stalking Resource Center Program Archive
 - This program is no longer operational but maintains an online archive.
 - <http://victimsofcrime.org/our-programs/stalking-resource-center/help-for-victims/stalking-safety-planning>
 - Resources include general information about safety planning in the stalking context
- RAINN (Rape, Abuse and Incest National Network)
 - Sexual assault hotline and website
 - 1-800-656-HOPE (4673)
 - The website includes information about sexual violence, including safety planning resources: <https://www.rainn.org/articles/safety-planning>
- Stalking Prevention, Awareness, and Resource Center (SPARC)
 - A comprehensive national stalking resource center, which is an initiative of AEquitas.
 - www.stalkingawareness.org
 - Online information for victims: <https://www.stalkingawareness.org/what-to-do-if-you-are-being-stalked/>
 - Includes Safety Planning information: <https://www.stalkingawareness.org/wp-content/uploads/2018/11/Safety-Strategies.pdf>



- Information for victim service providers: <https://www.stalkingawareness.org/victim-service-provider-resources/>
- Guide for Advocates: <https://www.stalkingawareness.org/wp-content/uploads/2018/11/Advocate-Guide.pdf>
- Tech Safety App
 - Created by the National Network to End Domestic Violence (NNEDV), the app explores six categories – harassment, impersonation, cellphone safety, device safety, location safety, and online safety – and provides additional information and resources/tips relating to safety and privacy.
 - <https://techsafetyapp.org/>
- The National Domestic Violence Hotline and Website
 - A website and 24/7 helpline (1-800-799-7233) and live online chat (<https://www.thehotline.org/what-is-live-chat/>), with advocates available in more than 200 languages.
 - The website includes information relating to safety planning, including tips for safety planning when living with an abusive partner, safety planning with children, safety planning with pets, safety planning during pregnancy, and emotional safety planning. It also includes information about Restraining Orders/Protective Orders and information relating to Leaving a Relationship.
 - <https://www.thehotline.org/help/path-to-safety/>
- U.S. Department of Justice, Office for Victims of Crime, Mobile Apps Center
 - The website includes links to a number of different mobile apps that can be useful to victims of crime, in various contexts, some of which are relevant to safety planning.
 - <https://www.ovc.gov/library/mobileapps.html>
- Womanshelter/Compañeras
 - Online resources, including a Personal Safety Plan for Victims of Domestic Violence and Checklist: <http://womanshelter.org/wp-content/uploads/2013/08/safetybrochure.pdf>
 - The PDF includes information and suggested options for consideration regarding safety planning and also includes a checklist of potential information to compile, in the context of a violent relationship.
- WomensLaw.org
 - A project of the National Network to End Domestic Violence (NNEDV) that offers online resources and an email hotline to people of all sexes and genders
 - Including safety tips and safety planning information: <https://www.womenslaw.org/about-abuse/safety-tips>

*Note that local communities frequently offer jurisdiction-specific information and resources, some of which may be translated into languages spoken within the community. For example, see the Multnomah County, Oregon, Department of County Human Services website, which includes links to safety planning brochures with information in several different languages: <https://multco.us/dv/safety-planning>

This resource was supported by Grant No. 2017-VF-GX-K026 awarded by Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, conclusions or recommendations expressed in these materials are those of the author(s) and do not necessarily represent the official position or policies of the U.S. Department of Justice.

